



Food for Thought with Catherine Jheon

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Friday, April 27, 2007 9:28 AM

GUEST BLOGGER: My Organic Adventures



Earth Day inspired me to add a little more organic into my lifestyle. Sure, I take the occasional trip to the farmer's market, but by and large I buy my produce at the grocery store.

I have had groceries delivered to my place before, but with all the Earth Day hubbub saturating the media this month, I was hearing more about organic grocery deliveries, specifically produce boxes. I don't know about the rest of you, but I never buy enough fruits and veggies. I knew if I got food delivered to my door, I'd be more apt to get it into my meals.

There are a lot more places out there offering this service than I originally thought, so I took a closer look at four in the Toronto area. Here's the breakdown:

[Foodshare.net:](#)

- Offer two organic boxes: a small box at \$22 and a large box at \$32
- Only deliver to specific stops around town and not to your house (there are 150 stops throughout the city, though)
- Also offer non-organic boxes

[Frontdoororganics.com:](#)

- Offer two organic boxes: a basic box at \$35 or a custom box (with unlimited substitution and ability to customize your choices) for \$40
- \$10 refundable deposit for delivery box
- You can pick up your box to receive a \$3 discount

[Greenearthorganics.com:](#)

- Offer three organic boxes: a regular box at \$36, a family box at \$46 and a super box at \$60
- \$20 refundable deposit required for delivery box
- Services also offered in Vancouver
- Offer substitution on all boxes

[Wanigan.com:](#)

- Offer eight organic boxes from \$17.50 to \$54
- No delivery fees or deposits
- Doesn't deliver to apartment buildings more than three stories

In the end, I went with a bi-weekly delivery from [greenearthorganics.com](#) and the clincher was their delivery time. They deliver to my neighbourhood on Wednesdays between 2pm and 9pm. I like the idea that my box of food wouldn't be sitting outside of my apartment door for too long before I got home from work. I almost went with [frontdoororganics.com](#), but they deliver between 12pm and 10pm and I guess I just wasn't comfortable enough with that. I intend on trying them out eventually, just to compare.

As for [foodshare.net](#), I was looking for front door delivery, so I didn't even consider them. And while [wanigan.com](#) offers the most variety in their boxes, my apartment building has more than three floors, so it was out of the question. I did email them to ask why and I was told, they do deliver to some larger buildings, just not mine. If you're really interested and live in a bigger place, just send them an email and they may be able to accommodate you.

And I guess I should comment on the food. Everything was delivered unharmed and on time and so far it's been delicious!

Does anyone else out there get organic boxes delivered in their area? We'd love to hear your recommendations and stories.

- Jessica, Manager, [Foodtv.ca](#)

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Mix and Mingle!