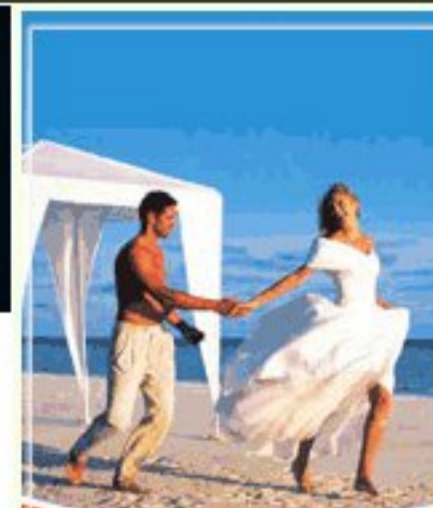




Food for Thought with Catherine Theon



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Wednesday, May 23, 2007 10:05 AM

GUEST BLOGGER: Embrace Your Sweet Tooth



Looking for an excuse to indulge in a little candy making? Well there's a [Food Network Special Presentation of Sugar Showdown](#) tonight at 11pm (also at 8pm PT and 2am ET). I think that qualifies as enough of an excuse for me to indulge *my* sweet tooth. How about you?

I think I'm going to try out this [Sponge Toffee](#) recipe from [Christine Cushing Live](#) (pictured here). I've always been [intimidated by baking](#), but maybe I'll find a friend in candy making.

Here are more great candy recipes:

- [Divine Divinity](#) courtesy of [The Cookworks](#)
- [Hard Maple Taffy](#) courtesy of [Cook Like a Chef](#)
- [Hazelnut Caramels](#) courtesy of [Cook Like a Chef](#)
- [Irish Creamy Fudge](#) courtesy of [Sugar](#)
- [Nougat Glacé](#) courtesy of [French Food at Home](#)
- [Peppermint Candies](#) courtesy of [Sugar](#)

For those not in the candy-making know, you might need a little guidance before you get into any of the above recipes. Check out our [Intro to Candy Making](#) article for a crash course to get you off on the right foot.

If you can't wait for [Sugar Showdown](#) tonight, get in the candy-making mood with this afternoon's episode of [Sugar](#) at 3:30pm ET / 12:30pm PT. Anna Olson will be making a couple of candy treats: [Peanut Brittle](#) and switching it up with some [Chocolate Drizzled Peanut Brittle](#).

And finally, if you're reading this blog post after Wednesday, May 23, [Sugar Showdown](#) will be airing a few more times from now until Monday, May 28. [Check all the listings here](#). You can also catch Ina Garten flex her candy-making muscle on [Barefoot Contessa](#) Monday, May 28 at 5:30pm ET / 2:30pm PT when she makes toasted coconut marshmallows.

Jessica, Manager, Foodtv.ca

Published by Jessica [Edit](#)

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